**PĀNUI INSERTS**

***Cut and paste these tips into your centre’s pānui.***

**Ko te tino mahi māu mō te oranga o tō whānau, me whakarāhui i tō kāinga noho me tō motukā hei wāhi auahi kore.**



**Mehemea kua auahi kore tō motokā me tō kāinga ka kore pea āu tamariki e kai paipa inā e taiohi ana rātou.**



**Mena kua hapū koe, ko tētahi atu rānei e noho ana ki tō kāinga , me ahuahi kore te āhua o tō kāinga me tō motukā kia pakari ai te hauora o tāu pēpi mai i te tīmatanga.**



**E whā mano te rahi o ngā momo paitini o roto i te auahi-tuarua. O roto o taua whā mano, e rua rau, e rima tekau te rahi o aua paitini e tipu ai te mate puku.**



**Mena kua auahi kore te āhua o tō te tamaiti ao ka pakari ake ia me tōna hauora.**



**He nui ake te whakapāhanga kino o te mahi momi paipa ki te hunga pakupaku. He iti iho ō te hunga pakupaku pūkahukahu.**



**Me ū koe ki te mahi auahi kore ki roto i tō motokā hei āhurutanga auahi kore mā te hunga tamariki.**



**I a tau, i a tau, kotahi mano, e rima rau ngā tamariki ka pokaina ō rātou taringa mā te tūkinotanga o te auahi tuarua.**



**Ka ngaro ngā paitini e whā mano inā e auahi kore ana te āhua o te kāinga noho.**

